

## 2017-2018 Session Schedule

Please note, times and dates are subject to change. Pickering Skating Club will attempt to provide as much notice as reasonably possible. Please ensure you check the SCPSC website, Facebook and Twitter pages for the most current information.

**OFF ICE Training:** Currently Off Ice Physical Fitness Training is only available on Thursdays. Trainees are required to bring their own yoga mat and skipping rope.

	<b>Preseason</b> Junior, Intermediate, Senior STARSkaters (No CanSkate or PreSchool)		<b>Fall Season</b> Junior, Intermediate, Senior STARSkaters CanSkate and PreSchool		<b>Winter Season</b> Junior, Intermediate, Senior STARSkaters CanSkate and PreSchool	
Monday	Sept 11, 2017	6 to 8:30 PM	Sept 25, 2017	5 to 8:30 PM	Jan 8, 2018	5 to 8:30 PM
Delaney Fall/Wiinter	6:00pm-7:00pm Hockey Skating Skills 7:00pm-7:10pm FLOOD 7:10pm-8:10pm Intermediate & Junior 7:30pm-8:30pm Senior		5:00pm-6:00pm Hockey Skating Skills 6:00pm-7:00pm CanSkate 6:15pm-6:45pm PreSchool 7:00pm-7:10pm FLOOD 7:10pm-8:10pm Intermediate & Junior 7:30pm-8:30pm Senior		5:00pm-6:00pm Hockey Skating Skills 6:00pm-7:00pm CanSkate 6:15pm-6:45pm PreSchool 7:00pm-7:10pm FLOOD 7:10pm-8:10pm Intermediate & Junior 7:30pm-8:30pm Senior	
Tuesday	Sept 5, 2017	7 to 9:15 PM	Sept 26, 2017	6 to 10:00PM	Jan 9, 2018	6 to 10:00PM
Delaney Fall/Winter	7:00pm-7:10pm FLOOD 7:10pm-8:10pm Intermediate & Junior 8:10pm-9:15pm Senior		6:00pm-7:00pm CanSkate 6:15pm-6:45pm PreSchool 7:00pm-7:55pm Junior 7:55pm-8:05pm FLOOD 8:05pm-9:00pm Intermediate 9:00pm-10:00pm Senior		6:00pm-7:00pm CanSkate 6:15pm-6:45pm PreSchool 7:00pm-7:55pm Junior 7:55pm-8:05pm FLOOD 8:05pm-9:00pm Intermediate 9:00pm-10:00pm Senior	
Thursday	Sept 7, 2017	7 to 10:00 PM	Sept 28, 2017	6 to 10:00PM	Jan 11, 2018	6 to 10:00PM
Delaney Fall/Winter	7:00pm-7:10pm FLOOD 7:10pm-8:05pm Junior 8:05pm-9:00pm Intermediate 9:00pm-10:00pm Senior		6:00pm-7:00pm CanSkate 6:15pm-6:45pm PreSchool 7:00pm-7:55pm Junior 7:00pm-7:45pm OFF ICE WORKOUT 8:00pm-8:45pm OFF ICE WORKOUT 7:55pm-8:05pm FLOOD 8:05pm-9:00pm Intermediate 9:00pm-10:00pm Senior		6:00pm-7:00pm CanSkate 6:15pm-6:45pm PreSchool 7:00pm-7:55pm Junior 7:00pm-7:45pm OFF ICE WORKOUT (Intermediate) 8:00pm-8:45 pm OFF ICE WORKOUT (Senior) 7:55pm-8:05pm FLOOD 8:05pm-9:00pm Intermediate 9:00pm-10:00pm Senior	
Saturday	Sept 16, 2017	10 to 11:00AM	Sept 30, 2017	9:45AM to 12:00PM	Jan 13, 2018	9:45AM to 12:00PM
Delaney Fall/Winter	10:00am-10:10am FLOOD 10:10am-11am Open Session		9:45am-9:55am FLOOD 9:55am-11:00am Open Session-any level STARSkater can skate 11:00am-12:00pm CanSkate 11:15am-11:45am PreSchool		9:45am-9:55am FLOOD 9:55am-11:00am Open Session-any level STARSkater can skate 11:00am-12:00pm CanSkate 11:15am-11:45am PreSchool	
Sunday	Sept 17, 2017	12:00 to 1:30PM	Oct 1, 2017	11:00AM to 2:30PM	Jan 14, 2018	11:00AM to 2:30PM
Delaney Fall/Winter	12pm-12:10pm FLOOD 12:10pm-1:10pm Senior 12:30pm-1:30pm Intermediate & Junior		11:00am-11:10am FLOOD 11:10am-12:10pm CanSkate 11:25am-11:55am PreSchool 12:10pm-1:10pm Senior 12:30pm-1:30pm Intermediate & Junior 1:30pm-2:30pm CanSkate 1:45pm-2:15pm PreSchool		11:00am-11:10am FLOOD 11:10am-12:10pm CanSkate 11:25am-11:55am PreSchool 12:10pm-1:10pm Senior 12:30pm-1:30pm Intermediate & Junior 1:30pm-2:30pm CanSkate 1:45pm-2:15pm PreSchool	

**\*\*NOTE:** January 2-7, 2018 Follows the Preseason time schedule